

"Never doubt that a small group of thoughtful, committed citizens can change the world; indeed it is the only thing that ever has." -Margaret Mead

PATHWAYS

VOL 14 NO 3

THE NEWSLETTER OF THE MENDON FOUNDATION

WINTER 2007

A Member of the National Land Trust Alliance

www.MendonFoundationInc.org



If you get a chance, stop by and see the new, improved Rochester Junction.

Inside:

HISTORY OF MENDON PONDS PARK • OUR VENERABLE OAK • FIRST ANNUAL SCHOLASTIC ART SHOW & LOGO CONTEST • TRAIL NEWS & VIEWS • MENDON STATION FESTIVAL SPECIAL THANKS • STUDENT ARTISTS RECOGNIZED

Jamis Framebuilding
 Titus Consignment sales
 Atomic Skis Service

**THE MENDON
 CYCLESMITH**
 Since 2004

Summer Hours
 Monday-Thursday 10am-6pm
 Friday 10am-8pm
 Saturday 10am-4pm
 Sunday noon-4pm

585-624-2120
 1350 Pittsford-Mendon Road
 Mendon, NY 14506

Mendon Ponds Park

Third and final part in a series by Diane C. Ham, Mendon Town Historian



Since 1,400 acres was acquired for Mendon Ponds Park in 1928, it has been enlarged from time to time until at present the park contains 2,500 acres. There are now 30 miles of self-guided hiking and bridle trails. It is the largest park in the Monroe County Park System. It offers attractions for nature lovers, picnickers, and offers some seasonal sports. The park is managed by the Monroe County Parks Department who provide a year-round full-time staff to take care of the upkeep of the park. Special events at the park are the Winterfest, Biathlons, Walkathons, the Stuart Horse Trials, Klondike Winter Scout Camping, guided nature hikes, jogging, hiking, cross country skiing, horseback riding, and private parties.

Mendon Ponds Park is also rich in botanical studies. Swamp flora is found in abundance in the bogs of the kettle basins and in the swamps surrounding the ponds. The park is

rich in orchids and in insectivorous plants. One of the rare botanical specimens found in the Mendon Ponds area is dwarf mistletoe which grows as a parasite on Black Spruce.

Throughout the United States, sensory gardens are being created to provide persons with disabilities another opportunity to enjoy nature and the outdoors. Sharon's Sensory Garden has over 170 feet of plant exposure designed for visitors to touch, tear, and smell the plant life. The garden has a diverse selection of plants, highlighting color, texture, fragrances, and form. Flowerbeds are raised and pathways through the garden are properly graded for visitors in wheelchairs. Plant listings and labels are in Braille and raised lettering to help educate visitors. Sharon's Sensory Garden is a wonderful addition to Mendon Ponds Park for everyone to enjoy. It is located in the park behind the Nature Center.

Attorney Advertising

Karen Schaefer
 Honeoye Falls Resident

LACY KATZEN LLP
 PROVEN EXPERIENCE · PERSONAL ATTENTION

Attorneys at Law
 Serving you in several regional offices and at

130 East Main Street
 Rochester, NY 14604
 For appointment call:
 585-454-5650
 1-800-676-5576

For more information regarding our firm and available services, visit us on the web at:
www.lacykatzen.com

or contact us by email at:
kschaefer@lacykatzen.com

The area has also become a resting place for migratory water birds; some mallard ducks and Canadian Geese stay to nest. Also found in Mendon Ponds Park adjacent to the Nature Center is Wild Wings Inc., a not-for-profit educational organization that houses and cares for permanently injured, non-releasable birds of prey (raptors). Their mission is to teach environmental stewardship through programs featuring the resident raptors as their teaching partners. They perform demonstrations at schools, scout meetings, and many other corporate and private events. Wild Wings is open to the public every day except Wednesday.



The deer population in Mendon Ponds Park has become a problem for the whole town. Because of housing development, the park has become a haven for wildlife including white-tailed deer. They are a beautiful natural resource for everyone to see. However, they have affected the environment at the park also. Unfortunately, the deer eat the undergrowth vegetation which are a sanctuary for the song birds who live in the park. The naturalists at the park have no idea what the annual

deer population is, but they do know that the deer population has been increasing every year.

The Town of Mendon has set up a Deer Population Committee that is studying the problem and hoping to come up with some answers as to what to do about it. There are many accidents on Clover Street near the park. Since the park is not open to hunting, the deer have learned that they are safe if they stay within the park boundaries during hunting season. There are less hunters than there used to be. There is not a lot of open land for hunting. Perhaps driving slower in the area of the park would eliminate some of the accidents. Putting up message boards and reflectors on Clover Street by the State might help.

In 1969 Mendon Ponds Park was designated by the National Parks Service as a registered national landmark preserving the park as a natural history landmark. The use of the park has

increased steadily until as of 2006, there are hundreds of thousands of people who use the park each year. Mendon Ponds Park is nationally known for its unusual topographical structures. The display of glacial phenomena, lakes, botanical interests, Indian trails and campsites attract people in every walk of life from a wide area. In the varied and beautiful topography of western New York, there is nothing more unusual or attractive than Mendon Ponds Park.

family & sports
CHIROPRACTIC
office



Michael Swann, D.C.

*20 Assembly Drive
Suite 108
Mendon NY 14506*

*(585) 624-4590
fax 624-4153*



*Your
neighborhood
grocer*

(585) 624-3920



Mendon Meadows Market Place

You may be surprised how much you're worth.

At our Wealth Strategies Group, you might just qualify for the kind of personal service usually reserved for people worth millions.



Call Jim Terwilliger,
CERTIFIED FINANCIAL PLANNER™
Vice President, Financial Planning
at (585) 419-0670.

Wealth
Strategies
Group



Canandaigua
National
Bank & Trust

www.cnbank.com

Proud supporters of the Mendon Foundation.

BEER IS PROOF THAT GOD LOVES US
AND WANTS US TO BE HAPPY
- Ben Franklin



With over 50 different custom brews
you'll definitely find beers
worth smiling about

- Tour our brewery and browse our gift shop
- Sample what's on tap
- Take home some really great beer!



Custom BrewCrafters
93 Paper Mill Street
Honeoye Falls, NY
(585) 624-4386

www.custombrewcrafters.com

MENDON STATION FESTIVAL

Special Thanks

The Mendon Station Festival Committee would like to thank the following people for their generosity of time, services and donations. The Festival could not have been a success without them.

Al Karnes for all our festival signs; Charlie Hastings for the bales of straw used for seating; Mendon Enterprises for the stage; Owen Farrell and Craig Smith for hauling picnic tables, grills and straw; St. Catherine's Church for the use of their tables; Boy Scout Troop 105, Charlie Johnson, Harold Joint, The Monroe County Sheriff's Mounted Patrol, The Monroe County Parks Department, Tim Schiefen and The Bob Squad.

Mary Anne Slade, John Moffitt, Kathy Palmer, Brain Donohue for help with the food court; Cibi's for use of her electric; food court volunteers - Michelle & Pete Kavanaugh, Mary Ellen Cook, Susan Worboys, Sharon Brody and Suzy Farrell. Everyone enjoyed our premium hot dogs and hamburgers and all the other variety of vendors.

Liz Sciortino, Eileen, Amelia and Kate Flanagan organized and assisted the artist and craft vendors.

The Scholastic Art Contest was a big hit with festival visitors. A special thanks to Lisa Moosbrugger, Cindy Zauski, Cindy Morsheimer, Bonnie Foster, Harold Coogan, Kelly Rectenwald and Jenna Thompson all Honeoye Falls-Lima teachers who organized and assisted the students in submitting their artistic creations. Joan Foss our art expert judged all the art and helped the Steve Richards Family display the art in the tent.

Even though the Pet Parade was rained out on Sunday, I would like to thank Critter Sitters, Mendon Pet Supply, Hairand the Hound, Country Max, Canfield Vet for their generous donations to be used next year. Dr. Barry Brown and Frank Farina offered their talent as judges and showed up in spite of the rain.

It was a pleasure working with all these special people.

Arlene Cluff, Festival Chairman

Our Venerable Oak

by Daniel F. Marion, Ph.D.

The early season dryness during mid May and June was uncommon indeed. This event happened at a time when leaves are still developing and new wood is forming. This led to the formation of fewer or smaller water transport vessels, vital to tree health. Annual rings, which are composed of these water tubes, have shown to be narrower this year than the average annual tree ring growth – signaling the effect of the drought.

This is the 400th anniversary of the Jamestown Settlement. I was able to visit and discover more about our heritage and the trying times the colonists went through in 1607. Who would have known that the narrow annual rings laid down in the surrounding trees alive at that time would tell a story of extreme drought – which archaeologists believe played an important role in the collapse of the original colony. Tree rings can tell us not only about the health of a tree, but also about our climate in the distant past.

Mother Nature copes but, many types of trees were at a disadvantage going into the summer season. The increased stress caused by less water transport capability has had wide ranging effects on our forested and unwatered landscape trees – such as lower chlorophyll production and less available food to sustain the tree system. Trees usually have weaker defenses than normal and when diseases or bugs hit, they are less able to fight them off.

This situation is not unlike us. When we get cold, dehydrated, our run down immune system has a tougher



job fighting off “the bug”. Our old leafy oak friend is no exception, but we have been able to manage its health and keep it from weakening during this trying time.

The early season dryness also had a tendency to “concentrate” road salt landing on the oak roots, rather than being flushed out of the root system with normal spring rains. It’s an interesting fact that the small “feeder” root systems of our oak (and most deciduous trees) spread outward from the trunk about 1 to 1-1/2 times the height of the tree and are roughly 2-10” under the soil. So – many of lawn trees are really roadside trees, hammered by the harsh chemicals and salts from the road.

Root surface area is being managed to guard against rootlet depletion and dying. Salt from the road, a poorly supportive soil, and some contaminants contribute to rootlet damage. By offsetting root deterioration through increased root protection and

production, new rootlets are growing to outpace the damage and related disease. A healthy balance must be maintained between root growth and upper canopy growth. We often see too much top growth and not enough bottom growth, leading to tree loss. This is why it’s not good to push foliage in older trees.

Our beautiful oak had a high incidence of insects that suck sugary sap out of the tree and a modest anthracnose leaf infection but, the overall impact on the health of the oak was not great. No pesticides were needed to contain it. Conditions were improved to encourage the production of damaged chlorophyll, and during the later season, the oak foliage has a good deep green color.

*Daniel F. Marion, Ph.D.
Professor of Tree and Ornamental Health
State University of New York
Finger Lakes, Canandaigua, New York
(585) 394-6706
mariondf@floc.edu
roots@rochester.rr.com*

Curves

Strength and Cardio Together
In the Same 30 Minutes



50% OFF
SERVICE FEE
624-5420



Mendon Foundation's Arlene Cluff hands logo contest winner Victoria Shorey, her award. Arlene and Victoria are joined by teacher Kelly Recktenwald

Student Artists Recognized at Mendon Station Festival

Student artists from the Honeoye Falls – Lima School District were recognized by the Mendon Foundation at this year's Mendon Station Festival. A gallery of student artwork enticed festival goers and earned many students recognition for their artistic creations.

A logo contest was part of the competition. Sophomore Victoria Shorey was named the winner and received a gift card from the Mendon Foundation. Her logo will be used in promotional materials for this year's festival.

Other award recipients included junior Michaela Richards, who received People's Choice Ribbon Award. The first place award went to eighth grader Vito Fantasia. Second grader Abigail Davidson received the second place award, and freshman Tyler Breen took third place. Fourth grader Olivia Nuccatelli and senior Jared Buchang received honorable mention awards.

These award winning students study under art teachers Cindy Zauski, Jennifer Briggs, Bonnie Foster, Cindy Morsheimer, Jenna Thompson, Harold Coogan and Kelly Recktenwald.

The Mendon Station Festival, formerly known as the Mendon Arts Festival, is held annually and benefits the Lehigh Valley Trail. In addition to the student art contest, the festival featured musical entertainment, art and craft vendors, native plant sales, games of skill, Boy Scout demonstrations, wagon rides down the Lehigh Valley Trail, and a variety of food vendors.

DON'T YOU EVER WONDER

why you
can't do more
with your
advertising
budget?

Hire experienced
creative
professionals
for your next
marcom project.

Pay only for the
services you need,
talk directly to the people
who are doing the work.
and get agency creative
at non-agency prices.



t h e | m i x
ADVERTISING

585.423.1689
www.the-mix.com

FIRST ANNUAL Scholastic Art Show & Logo Contest



Students from the Honeoye Falls-Lima Manor, Middle and High School presented their works of art at the First Annual Scholastic Art Show held at the Mendon Station Festival. The paintings, drawings and photos were displayed in the Clothesline Art Tent. Everyone attending the festival enjoyed looking at and voting for their favorite. All the art work was very interesting and creative. We have several talented students attending school here in our community. The works of art were from the 2006 - 2007 school year.

People's Choice Award: Michaela Richards - Grade 10

1st Place: Vito Fantasia - Grade 7

2nd Place: Abigail Davidson - Grade 1

3rd Place: Tyler Breen - Grade 8

Honorable Mention: Olivia Nuccatelli - Grade 3

Jared Buschang - Grade 11

Since the Mendon Station Festival was a new event, we asked the art students to create a new logo. Sophomore Victoria Shorey created a logo depicting the Lehigh Valley Railroad, the famous falls of Honeoye Falls and the Lehigh Valley Trail. She received a \$50 gift certificate for art supplies for her award winning design. We will be asking students to design a logo and poster for the 2008 festival.

Regrettably the list of winners was lost, so that some students' awards may not be on this list. To all the talented students that entered you all did a magnificent job. I have artists in my family so I truly appreciated all your hard work and creativity. Next year we would like to expand the show to feature all types of mediums. It was a wonderful show to be shared with all the community.

Arlene Cluff, Festival Chairman



FERRIS IS[®] 1500Z
COMPACT PERFORMANCE

25, 21 or 19 HP Kawasaki V-Twin engine choices
44", 48", or 52" cutting widths
Patented suspension system provides
comfort, speed and maximum productivity

10 mph
ground speed

Max cut
4.3
inches/hour



FERRIS
Celebrating our 21st year
as a Ferris Dealer.

Go The Extra Yard

Since 1929
SAXBY
IMPLEMENT CORP.

180 Mendon-Victor Rd., Mendon, NY
585-624-2938

Then and Now

Rapid industrialization after the Civil War created a fast expanding job market. Immigrants arrived by the millions from Europe crowding American cities in the late 1800's and early 19th Century.

One result was the creation of parks to provide recreation opportunities. An architect, Frederick Olmstead designed New York City's Central Park. He also came to Rochester and designed Seneca, Maplewood, and Genesee Valley Parks. Our Rochester area went on during that era to create Durand Eastman, Webster, Highland, Churchville, Black Cree, and Northampton Parks.

That period of time also resulted in President Teddy Roosevelt creating the first national park – Yellowstone, 1,000,000 acres! Trolley cars and the automobile (!) provided access to the parks and Lake Ontario beaches for all, including the New Americans.

During the past 70 years the automobile made possible the suburbs. After World War II new streets and cul de sacs sprouted ranches, cape cods, raised ranches, and in recent years patio homes, condominiums, and even, mansions.

Beginning in the '80's, a movement to save our fields and forests began expanding. On March 5, 1993 the Mendon Foundation became a part of that national movement. We became a member of the Land Trust Alliance, one of about 700 members. Today there are about 1,700 members. And millions of acres have, by deed, been preserved from future development.

Very importantly, in very recent years, there has been a new movement back into city residential properties – rehabbed factory buildings, restored office buildings, new construction. Why not use the streets, sewers, connected utilities already in place? It is a cost effective alternative compared to tearing up woods and fields to put in place roads, streets, sewers, water, etc.!

Over the past century Mendon Ponds Park has been a beautiful retreat for visitors and locals to enjoy. As the decades come and go, this new wave preserving our national heritage – our fields and forests – will pass on to future generations a heritage every bit as important, and valuable, as the beautiful parks thoughtfully provided to us so many years ago.

Over the years lands have been given to the Mendon Foundation. Currently we are in discussions that could add another 150+ acres. There are several state and federal tax codes that provide tax deductions or credits for land, or easement donations. In two discussions the property donor would receive deductions and annual credits while the donor continues property occupancy as life estate. State and national tax laws support preservation with tax incentives for individuals, and local governments.

We see a bright future with fields and forests, we now know, to be forever as today! First Mendon Ponds Park, so many years ago. And during our time perhaps many open woods and fields preserved for generations that follow.

Mendon's Money Manager!

*Celebrating 8 years of
"Conservative Long Term Growth"*



Serving Private and
Corporate Investors,
IRA Rollovers, IRAs,
401k Plans, SEPs and
Other Retirement
Plans

Christopher Carosa
CTFA President

Now conveniently located in the
heart of the Hamlet at
1370 Pittsford - Mendon Road
Right on the Trail!

Call us at 624-3150
to set up an appointment to discover how you
can best benefit from our services.

**CAROSA,
STANTON
& DEPAOLA**

Asset Management, LLC

*The Next Generation in
Investment Management*



Helping Hand Needed!

The Mendon Foundation would like to have a website that presents an understanding of who we are, what we do, and objectives we pursue. The web format would present this in a way that would seamlessly allow for changes, updates, and modification.

We will have a team to keep the website changing and current. We need a leader to help us conceive and install a new, ongoing, format. We believe for our Town, preservation, recreation, and education are a strong foundation on which to build our community.

Our new website should tell this story, up to date, as time goes on. If you should decide to help us you will enjoy creating a special site – and you will get to know some inspiring fellow volunteers.

Please call Carl Foss at (585) 385-2330.

St. John's Episcopal Church

11 Episcopal Ave. Honeoye Falls
(beyond the Post Office)

Rev. Dahn Gandell
624-4074
Sunday School 9:45 AM
Worship 10:00 AM



Handicapped Accessible Nursery Available

*An open church community to which all are
welcome, without qualification.*

MENDON



PHARMACY

51 ASSEMBLY DRIVE
MENDON, NY 14506

ACROSS THE HALL FROM
MENDON MEADOWS MARKET

PH 585 624 8010
FX 585 624 8019

MONDAY-FRIDAY 9:30 - 7 pm
SATURDAY 9:30 - 2pm

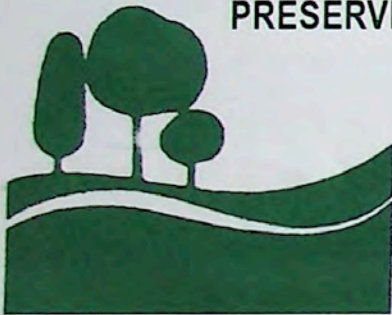
WE ACCEPT MOST MAJOR
INSURANCE PLANS &
ALL MAJOR CREDIT CARDS

WE CARRY MEDICAL & SURGICAL SUPPLIES:
FULL LINE OF BRACES
WALKERS, WHEELCHAIRS, CRUTCHES & CAMODES



Ted Collins Associates, Ltd.
 8000 Victor – Mendon Road
 Victor, NY 14564-9122
 (585) 924-7105
 Fax (585) 924-1551

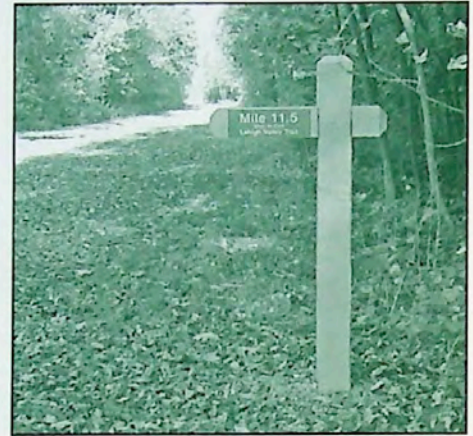
**we
 PLAN
 PLANT
 PRESERVE**



Trail News

New Mileage Markers for the Trail

There is no longer any reason not to know where you are on the Lehigh Valley Trail thanks to David Volzer who has built and installed 33 new mileage markers on the Trail, as his Troop 10, Eagle Scout Project. Using GPS David placed the markers every half mile on the Trail, starting at the Genesee River and running east to the Victor Town Line. Markers also run north from Rochester Junction to the Henrietta Town Line, but these do not yet have their mileage signs, as they are currently on backorder. If you need help on the trail, call 911, as they will be notified as to each markers location. A heartfelt thanks to David and all those who have helped to make the trail a safer place to walk and ride.



WEIDER'S PAINT & HARDWARE

Honeoye Falls
 Marketplace Plaza
 166 W. Main Street
 Honeoye Fall, NY 14467

phone: 585.624.1620
 fax: 585.624.1636

www.weiders.com

WHEN YOU NEED
 TO KNOW...
 ASK A PRO!

Inmates work wonders at Rochester Junction

For fifteen days in October, crew #1 from the Groveland Correctional Facility made the 45 minute trip to Rochester Junction, to work on several clearing and weed control projects. The result of their efforts is truly outstanding. The Depot Platform has been completely cleared of weeds and almost all of the old asphalt has been removed. The area around the boulders along Plains Rd. has been cleared, graded, and over 21 tons of crushed stone placed around the boulders for weed control. The concrete base of the old water crane, and the connecting rod supports in front the Interlocking Tower have received a similar treatment. Several hundred feet along Junction Rd. were cleared, opening up the view of the Depot area and last, but certainly not least, the Depot & Tower knee-walls along with the West Wye Bridge received a coat of waterproofing stain. Although there is still much more to be done, the 6 men of crew #1 made a major improvement to the Junction. Stop by, we think you will be pleasantly surprised.

Victor LV Trail Bridge Open

Dave Wright, of Victor Hiking Trails, has advised us that construction of the Lehigh Valley Trail Bridge over the Auburn Trail has been completed and the LV Trail is now open all the way to Lehigh Crossing Park in Victor.

& Views

Seven new Benches on the Trail



Need a rest? Try stopping at one of the seven new benches along the Lehigh Valley Trail. These benches are the result of Ethan Whritenor's Troop 10, Eagle Scout Project and are spaced so that when combined with the benches on the information kiosks there will be a bench every 1.5 miles along the trail. The bench seats are made from plastic lumber which will increase longevity while decreasing maintenance. Many thanks to Ethan and all who helped make his project a success. You have created an important step forward in the enhancement of the Lehigh Valley Trail.

A Sign for the Future – and of the Past

Rochester Junction now sports a new sign, complements of Paul Worboys, who is the local expert on all things related to the Junction. He created an exact replica of the original Depot sign and has donated it to the Foundation. The sign was subsequently installed on a Sunday afternoon by Paul and Warren Wallace, as well as, Angelika and Stefan Napp, who were walking along the Trail and volunteered to help.



This is not the first time that Paul Worboys has contributed to the redevelopment of Rochester Junction. He has also been instrumental in arranging for donation of two light poles and a railroad mail cart, which

were actually used there. Additionally, he has generously shared his knowledge, gained over many years of study, to help us bring Rochester Junction back to life. Thank you Paul, the Foundation, and the Community, are very fortunate to have such a valuable resource available to help with the Junction's redevelopment.

PATHWAYS

is the newsletter of the Mendon Foundation, a completely volunteer organization which exists with the generous support of its members, volunteers, and contributors. This newsletter is published three times a year and paid for through the generous support of our advertisers.

The Mendon Foundation
P.O. Box 231
Mendon, N.Y. 14506-0231

www.MendonFoundationInc.org

Board of Directors:

Carl Foss, President: 624-1634

John Buck: 624-5525 John Farrell: 624-5914
Chris Carosa: 624-1758 Steve Richards 943-9920
Arlene Cluff: 624-3182 John Schaefer 582-3025
Dick Dehm: 624-4466 Warren Wallace: 624-5754

OUR VISION STATEMENT

We believe in preservation.
We believe in recreation.
We believe in education.
We believe in community stewardship.

OUR PURPOSE

To improve the quality of life in our community.

As we succeed in these objectives, we enhance property values for all Mendon property owners. The Foundation is supported by membership fees, grants and other contributions. Donations to the Mendon Foundation are tax deductible. Proceeds are used to cover easement acquisitions, monitoring and communications. All labor is volunteer. Our phone: 585-624-8730

MEMBERSHIP FORM

Sign me up!

- Senior/Student \$20
- Individual \$25
- Family \$40
- Business \$50
- Sponsor \$100
- Sustainer \$250
- Patron \$500

I want to volunteer.

My interests are:

- Lehigh Valley Trail
- Mendon Station Park
- Community Playground
- Mendon Hamlet
- Fundraising
- Communications
- Open Space/Preservation

Name _____

Address _____

City, State, Zip _____

Day/Evening Phone _____

Please make checks payable to:

The Mendon Foundation, P.O. Box 231, Mendon, N.Y. 14506-0231



Where Acts of Kindness Happen Daily.



"I no longer drive so I am thankful for the transportation Pinehurst provides. I no longer have to ask my daughter to take me grocery shopping or to the doctor. I like the independence the Pinehurst transportation gives me."

Marion Young,
Pinehurst Resident

One and Two bedroom apartments

- Short walk to the quaint Village of Honeoye Falls
- Serving seniors for over a decade
- 24 hour staffing
- Fine dining cuisine
- On-site health care service available
- Professional, dedicated staff

Call now for a free get acquainted tour.

(585) 624-5970



Inside:

HISTORY OF
MENDON
PONDS PARK

TRAIL NEWS

SCHOLASTIC
ART SHOW

& MUCH MORE!

ECRWSS
Postal Customer
Honeoye Falls, N.Y., 14472

Non-Profit Org.
U.S. Postage
PAID
Rochester, N.Y.
Permit No. 721